



CHIJ Katong Convent
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PARENT LINK: AUGUST 2016

5 August 2016

Dear Parents and Guardians

July was chock-a-block with programmes and significant events. It saw the entire KC family coming together to celebrate our all-time favourite, Book & Music Week from 13 to 15 July. Close on its heel, more than 2000 visitors made their way to KC on 16 July as we hosted the National Schools' Literature Festival. Adding to the richness and diversity of our July experience was the presence of our international visitors from Fukuoka Futaba School (Fukuoka, Japan). In the meantime, seven of our Girl Guides were at the Flame 2016 International Camp at Foxlease, Hampshire, United Kingdom from 23-29 July. Another group of students spent a Saturday bringing their entrepreneurial ideas into fruition at Changi City Point Shopping Mall under the National Youth Business Challenge (NYBC) 2016. We are indeed glad that there are so many different opportunities for our girls to learn and to grow.

Book and Music Week (BMW)

Book & Music Week (BMW) is a highly anticipated yearly event which sees Katong Convent girls given the chance to shine with their God-given talents! Founded by Mrs Marie Bong, former Principal of Katong Convent, BMW is a much-loved tradition in Katong Convent that is spoken of fondly by all who have lived and breathed the BMW experience while a student here.

The theme for this year's BMW was "Of This World and Others" and we celebrated all things in the different worlds: past, present and future. From the worlds of yesteryears and the present as represented by exhibitions and invited guests, to BMW traditions such as choral speaking, busking, debate and BMW Quiz, the KC family gathered together to be awed by the high standards that the school had achieved and is still achieving for herself in the areas of language, literature, literary arts and music.

Here are some highlights:

Opening Ceremony

The BMW journey began with our explorers, Keisha Marie Lulla and Lew Isabella Faith, Drama Elective Programme students from Sec 5/0. With their tongue-in-cheek and witty banter, our explorers transformed the school hall into an epic quest to find the Magic Mountain. Inviting the school to join them on a journey, they paddled through perilous waters, tracked through the fiery heat of the desert and scaled the slopes of the Magic Mountain. As they were about to plant the BMW flag on stage, the school was treated to the surprise entrance of our Principal as the household favourite, Dora the Explorer. Dora was indeed brought to life with her gamely portrayal of the character which brought back fond memories of the travels and quests that our students embarked on every time they watched a Dora the Explorer episode on television.

Next, the school warmly welcomed on stage our Guest-of-Honour, Ms Jennifer Lewis. A KC alumna, Ms Jennifer Lewis currently works at the Government of Singapore Investment Corporations (GIC) and

is responsible for the strategic management of GIC's internal and external communication activities. In her opening address, Ms Lewis shared with the girls her thoughts and reflections on certain values and mind-set they should have as they move on into the world of work. Ms Lewis was then invited to have her BMW passport stamped to symbolise the start of the BMW festivities.

The KC Chinese Orchestra then serenaded the audience with a blast from the past, presenting two songs; 男兒當自強 (Nan Er Dang Zi Qiang), the theme song of the movie, Once Upon A Time In China and 花好月圓 (Hua Hao Yue Yuan), a cheerful folk music ensemble track.

The opening ceremony then came to a close with the Books Alive! Parade, where the Secondary 3 classes drew admiring gasps from the audience with their elaborate costumes and impersonations from the Shakespearean play, Julius Caesar.

Singapore Women's Hall of Fame - School Outreach Programme

As part of the school outreach programme for the Singapore Women's Hall of Fame, students and staff alike were treated to a session where the achievements and stories, of a selection of Singapore's phenomenal women, from the KC and CHIJ family, were shared, both at an assembly programme as well as through an exhibition. This was the outcome of a detailed documentation of the myriad contributions of women to the shaping of Singapore, showcasing the values that drive our outstanding women and that the Singapore Council of Women's Organisations (SCWO) upholds. The session achieved its aim of inspiring our school population to dare to dream and to chart their own path.

Busking

An unmistakable perennial favourite amongst KCians, the air was abuzz with much merriment amidst song and dance. The upper secondary students' experience in this area was apparent, and the younger students formed part of the rapt audience. The lower secondary students had much fun catching on the spirit of performance as well. Judges were engaged. The audience was inspired. KCians' talents know no bounds.

On the first day, the Sec 4s and 5s started with their dance and song items and the seniors really set the bar high with their complex dance performances and passionate belting of songs (with many interpretations of historical settings). The Sec 2s busked on the second day on the given theme of ASEAN, and it was evident that many classes had put in effort, judging from the mass participation and snazzy choreography. The Sec 1s and 3s performed last with their interpretations of imagined worlds, but their performances were by no means less engaging. The audience was engaged, amused and inspired by all the performances on all three days, and busking seems like a practice that will continue for a long, long time.

All classes were judged based on their participation rate and interpretation of the theme, and we are pleased to announce that for the Secondary 4 & 5 level, Sec 5/0, Sec 4/6 and Sec 4/0 attained the first, second and third places respectively. At the Secondary 3 level, Sec 3/4, Sec 3/2 and Sec 3/6 attained the first, second and third places, while at the Secondary 2 level, Sec 2/3, Sec 2/5 and Sec 2/1 attained the first, second and third places respectively. Last but not least, amongst our newest members of the KC family, the Secondary 1 level, Sec 1/3, Sec 1/6 and Sec 1/7 attained the top three positions. Congratulations, girls!

Whose Room?

Ever thought that the classroom is a space that is all so ordinary? Well, for this year's Whose Room, the Sec 3s were given the herculean task of transforming their classrooms to re-create the bedrooms of various characters from Julius Caesar. So, for three days, the secondary 3 level became the backdrop for the intrigue and action present in the Shakespearean play and more. The prize for best presentation went to Sec 3/2 (Julius Caesar's Room), with Sec 3/1 (Calphurnia's Room) and Sec 3/4 (Cassius' Room) clinching the second and third places.

Choral Speaking

Choral Speaking, a long standing tradition of Katong Convent, was targeted at Sec 2 students. It enables KCians to discover and unravel the rich musicality of poetry through choral recitation, affording a heightened appreciation for poetry.

The preparation for Choral Speaking started in Term 2 Week 9, when participating classes were given a selection of poems from various Singapore poets. As a class working together in unity, they were tasked to devise their performance, keeping in mind the legacy of what Choral Speaking in KC is like.

The performances took place in two stages, once in an earlier rehearsal, and during the actual competition. Students were given an opportunity to display their proficiency at choral speaking by performing with their voices, movements as well as inspired props. Their camaraderie as a class as they displayed their mastery of pitch, pace and tone in their voices really brought the poems to life.

The teachers of the school were not to be trifled with as they too joined in the fun and performed Joshua Ip's poem – Chope – as a surprise performance. They were in full attendance as patrons of a coffee shop, complete with detailed and eye-catching outfits. Their performance was met with a rousing applause and shouts of "encore" from the students.

The students displayed such a high level of excellence in performance with the judges awarding Sec 2/6 in the second runner up placing, Sec 2/2 in the first runner up placing and Sec 2/3 as the winner of Choral Speaking 2016, which went on to represent KC at the National Schools' Literature Festival (NSLF) 2016. Overall, this segment of BMW has been an exceptional display of class spirit in the continuance of a true blue KC tradition.

Debate

For the much anticipated BMW Sec 3 debate, the Sec 3s were tasked to debate in three preliminary rounds. It was an inter-class affair, determined by drawn lots, that saw Sec 3/4 debate Sec 3/2 on the motion: THBT science and technology are progressing too fast for the good of society. Sec 3/1 debated Sec 3/6 on the motion: THBT school does not prepare students for real life. Sec 3/5 debated Sec 3/3 on the motion: THBT competition is superior to co-operation in achieving excellence. The finalists were Sec 3/2 and Sec 3/5. Sec 3/2 proposed the motion: THBT children are growing up in a better world than their grandparents did. After a riveting debate that drew much excitement from the audience, Sec 3/5 was victorious, with Jemima Amritha Thomas from Sec 3/2 named the best speaker.

Books Alive! Parade

In line with the theme "Of This World and Others", the BMW's annual fashion parade evolved into the Books Alive! Parade. Four beloved Literature texts - The Giver (Secondary 1), Romeo and Juliet (Secondary 2), Julius Caesar (Secondary 3) and Lord of the Flies (Secondary 4 and 5) - celebrating the different worlds of past, present and future were explored, with students being told to immerse themselves into the worlds of the text. Teams from each class were tasked with coming up with outfits that reflected the true essence of the character and time period selected from one of the books. The activity challenged students to be innovative problem solvers, as they not only had to present meaningful and accurate portrayals of characters but also to provide an informative and insightful commentary to accompany their presentation. Furthermore, students had to showcase their creativity to bring their character to life on stage during the catwalk segment.

This year's parade saw a change in that teams could have up to 8 models on stage, which they readily embraced. What a treat it was for the students to see their Literature texts come to life before their eyes! Among the enactments were Romeo and Juliet's bittersweet tomb scene, where audible sighs came from the crowd as the star-crossed lovers lay dead on the ground, while terror rang from the audience as the dishevelled, painted savages hunted the mother sow, as their chanting and stomping echoed through the hall. The Elder Chief from The Giver solemnly delivered the rules of the dystopian community which captivated the girls, while Brutus' betrayal of Caesar was met with great unrest and protests from the crowd. To round up the event, the graduating Secondary 4 and 5 cohort celebrated their final BMW experience with a special dance item on stage which was met with deafening cheers and screams from the school.

After 3 days of intense judging based on interpretation, presentation, and commentary, 3 winners from each level were awarded the top three positions in each level. At the Secondary 4 & 5 level, they were Sec 5/0 in the first position, followed by Sec 4/6, and Sec 4/3 in third place. At the Secondary 3 level, Sec 3/4 came in first, followed by a close fight by Sec 3/6 in the second placing and Sec 3/3 in third place. Sec 2/4, Sec 2/6 and Sec 2/5 emerged first, second and third at the Secondary 2 level, while Sec 1/4 clinched the top spot at the Secondary 1 level followed by Sec 1/2 in second and Sec 1/6 in third place. Spectacular job, ladies!

BMW Quiz

To engender mass participation, fun and to end the BMW on a high note, the quiz was organised bingo-style this year. The sustained screams, cheers and energy level in the hall were palpable. All 5 categories of questions - the geographical world, music around the world (ethnic music), the world of comics, the world of dystopian novels & movies and the world of space - were educative, yet fun. Seating the classes in a compact fashion enabled classes to literally come close to put their heads together for the best responses.

Celebrating the Talents of our Normal (Technical) Students

Our Normal (Technical) students leveraged the opportunity to showcase their natural and raw talents during the recent BMW as an outcome of their oral communication course. Sec 3/7 presented a skit about a topic or event that took place in Singapore's history, to tie in with day 1's focus on historical worlds. Sec 1/7 similarly presented a news broadcast on a country in ASEAN in line with day 2's focus on current worlds, in particular, ASEAN. Sec 2/7 rounded up the performances on day 3 by presenting a skit on fractured fairy tales, in a world where Hansel and Gretel met the two little pigs. Throughout the rehearsals and performance, the girls learnt the importance of good teamwork and trust amongst themselves, while gaining more confidence in making oral presentations.

They were good performances considering the girls had very little exposure to drama performances on stage and it definitely gave them more self-confidence as they now realise that they have hidden talents. The girls gained lots from the learning experience.

BMW Passport: Reflection Booklet

To deepen and broaden learning, students reflected on their performances and learning journey to articulate school values associated to their experiences such as tolerance, teamwork, independence, respect as well as excellence and ensure that the values are transferred to their daily practice. Several times during the whole process leading to the performances, they met with various challenges and obstacles which required them to be adaptable and innovative in solving the unforeseen problems that arose. Thankfully, with the constant support and encouragement from the teachers-in-charge of EL lessons along with the respective trainers as well as the efforts from the form teachers and co-form teachers, the girls overcame them all, put their best foot forward and proved that they are indeed an amazing bunch of girls! At the same time, the experiences have enabled them to become more confident individuals who truly believe that each and every individual is naturally talented and that with the right skills, attitude, discipline as well as proper guidance and instruction, they will shine even brighter than diamonds.

As a means to consolidate learning over the 3 days and beyond, each girl had a valuable opportunity at pulling together her own learning over the BMW preparation and celebration proper. Many heads were bent over in intense concentration as students pored over their thoughts and learning in creative artistic and literary expressions, as they made decisions on their favourite experiences and more. All classes submitted 3 best illustrated and well-written reflections and the judges then chose 3 winners from each level. After much consideration, we are pleased to announce that for the Secondary 1 level, R. Vesallachi of Sec 1/5 was the champion. For the Secondary 2 level, Liau Xuan Xuan Valerie of Sec 2/6 clinched the first position, Secondary 3 winner went to Syafinah Bte Zulkarnain of Sec 3/1, and last but not least, Atiqah Mashhood Dar of Sec 5/0 won the first placing for the Secondary 4 and 5 level.

Congratulations, girls!

Talentine: The Stars

The Stars 2016 was conceptualised as a student-led initiative by student leaders for KC students to step out of their comfort zone, embrace their talents and share them with the masses as effective communicators. The auditions saw many acts of distinct variety participating, from classical musicians to K-Pop dancers and soulful R&B singers.

Organised by the Student Council, the finals which was performed in front of the whole school at the hall featured performers that were not just confined to their CCA groups but showcased talented individuals from all areas of school. After much deliberation, Giron Althea Isis Canonizado of Sec 3/4 with her soulful rendition of *Les Miserables' On My Own* clinched the top spot with Grass in their original piano and vocal performance as runners-up and Trio with their dance medley as second runners-up. The teacher judges were certainly impressed with the display of talent from the contestants as well as the oratorical skills of the student councillor emcees.

Art Exhibitions

The exhibits were pieces of work produced for the 2016 mid-year examination which had 'Of This World and Others' as the theme. The works produced were presented as a mural design proposal.

External Performances

The Scape Invasion Tour

Staff and students were given a taster of local music as the SCAPE Invasion Tour took to the stage of KC. With the return of the SCAPE Invasion Tour again this year, the programme was curated to introduce our students to alternative forms of music that is out of the mainstream world.

Emotions ran high as the girls and some teachers sang along to the tunes of local bands Tim De Cotta, a funk and soul specialist and headliner Enec.e, an ambient folk/dream pop outfit fronted by KC Alumna Lisa Haryano. The performance was hosted by DJ Joachim Gomez from 987FM, who certainly injected more than a touch of fame and celebrity madness to the event. The girls were also in for a special treat when Narelle and Jon from local band sensation The Sam Willows drop by to share about the local music scene and their journey as musicians. The Scape Invasion Tour certainly afforded our students the opportunity to witness the progression of local music of this world and others.

Introduction to Indian Dance by Apsara Asia

Students and staff took a peek into the world of Indian classical dance through its essential components of Rhythm cycles (Tala), used to design rhythmic leg movements, hand gestures (Hastas / Mudras), used to accentuate graceful body movements and facial expressions (Abhinaya), used to convey emotions by dancers. All were mesmerised by the different dance performances featuring classical folk and contemporary Indian dance.

Closing Ceremony

The Closing Ceremony began with foot-tapping tunes from two solo performers from the KC Band. Emotions rose to a high during the BMW Quiz, where all classes participated, BINGO-style. The Infocomm Club worked hard behind the scenes to put together a video of precious moments from the BMW, eliciting cries of recognition and applause from students as they relived the excitement of the 3 days in those few moments on screen. This was followed by an inspired take on *The Giver* by the Secondary 1 students, who took on the challenge of interpreting the characters from the text, and presented these to the school population, to much applause. The Dramatic Arts Society showcased their thought-provoking interpretation of *Everything But The Brain*, and just when everyone thought BMW had sadly drawn to a close, students and teachers alike were treated to a surprise item, KC teachers' edition of the Happy dance, showcasing the possible future of dance vis-a-vis the computer game, Dance Central, which was received with much enthusiasm.

The event ended on a high, with loud cheers as our Vice-Principal then rounded off the BMW festivities, cheering the efforts of both students and staff in celebrating KC's strong heritage in the English Language, Literature and the arts, with a focus on integration with National Education. It has been a truly memorable experience for all!

National Schools' Literature Festival (NSLF)

Established in 2005, the National Schools' Literature Festival (NSLF) is the biggest literary festival for students in Singapore, providing a platform for students both to showcase their love and understanding of literature as well as to have peer-to-peer conversations about the subject.

This year's NSLF, with its record turnout of over 2000 teachers and students from 92 schools, was hosted by our school, fittingly at the end of our annual Book and Music Week. It was an event to remember. The humble KC hall at Geylang Bahru Lane swelled with unprecedented numbers and it saw students spilling out of its sides as everyone gathered for the opening ceremony as well as watch an abridged version of Jean Tay's *Everything But the Brain*, performed by our very own Dramatic Arts Society students. With that lively opening, KC's grounds swarmed with students as they excitedly filled the classrooms for their concurrent sessions.

The next two hours were an exciting time. In the third and fourth floor classrooms, heated debates about the themes, issues, and characters in O level literature texts sparked with pointed arguments and passionate illustration. On level two, similarly impassioned students argued the merits of one poem over another. The ground floor was awash with excited students dressed as literary characters for the Book Trailer and Book Parade events, enthusiastically enacting scenes from literature or displaying their literature projects in mindboggling array.

One particular event shone, and that was Choral Speaking. Introduced by the KC literature team to the NSLF, it was that which drew the large number of schools to participate this year in a genre that allows a large group of students to interpret and perform a piece of poetry. A long-standing KC tradition, it was a heart-warming moment for the KC literature team to see their love for this literary performance item shared with so many others in the literature community.

It was an enriching affair for all the students involved but what particularly stood out for participants and the NSLF organisers were our student helpers who were both gracious and professional. Consisting of both student leaders and volunteers, our helpers were instrumental in the smooth running of this colossal event, their initiative and communication skills attesting to what it means to be a KC Graduate: both an innovative problem solver and effective communicator, serving with the true spirit of the compassionate servant leader.

Exchange Programme with Fukuoka Futaba School (Fukuoka, Japan)

Katong Convent hosted 6 students and 1 teacher from our sister IJ school, Fukuoka Futaba School (FF) from 27 July to 1 August. The FF students were hosted in the homes of our Secondary 2 students who also acted as buddies throughout their stay in Singapore. Prior to the visit, the students had exchanged e-mails to get to know each other better. Besides attending daily lessons together with their buddies, the FF students experienced their buddy's CCA such as canoeing, choir and dance. They also had the opportunity to learn basic conversational Malay.

It was an invaluable learning experience for our students too as they had the opportunity to share about our local culture and traditions as they brought their buddies around the island. There was rich learning for both KC and FF students as the programme provided them with the opportunities to broaden their perspectives, learn social and language skills and cultivate respect for each other's culture.

With all great times, the farewell was sad for all but the friendships that were strengthened during the one week will enable the learning to continue beyond borders of school and country.

World of Art Series

The World of Art series, a preamble to the Book and Music Week aimed at giving the KC girls a brief introduction to the study of visual art through a range of art works thematically grouped. The themes were related to (1) Surrealism (2) 3-D Art (3) Trivia - Famous Art Works and Artists (4) Making Marks and Principles of Design and (5) Development of Visual Arts in Singapore. The series was presented by the graduating Enhanced Art Programme students.

Project Bake-Off 2016

The Food and Consumer Education (FCE) department provided opportunities for our students to participate in two competitions - baking and sandwich making to expose and stretch our students to apply the knowledge and skills acquired in class to a real world context.

Lee Yin Rei Genevieve and Shannen Purbowo of Sec 2/1 represented the school in the first competition held on 16 July. Organised by the junior membership arm of the Labour Movement (NTUC) *nobody Enjoys being Ordinary* (nEbO) and Ngee Ann Polytechnic, this competition, "Project Bake-Off 2016" was in celebration of nEbO's 9th birthday. For the preliminary round, participants were required to bake 3 cheese tarts based on the recipe provided by nEbO. However, participants had to use their creativity to modify the flavours and toppings of the cheese tarts. Our girls opted for a classic cheese tart garnished with freshly sliced strawberries and topped with a sprinkle of icing sugar to complement the visual appeal.

For the second competition which took place on 23 July, Liau Xuan Xuan Valerie of Sec 2/6 and Siti Nur Wardina Syazwani of Sec 2/1 took part in a sandwich making competition organised by Lam Soon Women's Executive Committee (WEC). Themed "Healthy Meal On The Go!", the idea was to encourage the preparation of delicious and nutritious meals to be eaten anywhere amidst our busy schedules and hectic lifestyles. Our girls came up with an oriental spicy tuna sandwich paired with baked beans and quinoa salad as a side dish.

The competition has enabled the girls to develop the necessary dispositions of being innovative problem solvers and effective communicators. Being in a different environment, they had to adapt to the time frame and limitations of the equipment provided while trying to accomplish the task in the best possible way. In addition, strong team work was fostered as they worked on the assigned task as one KC team. We would like to congratulate the girls for their participation and encourage others to come on board for future competitions.

As we move further into the month of August, we take this opportunity to wish everyone 'A Very Happy National Day'.

Thank you and may God bless you and your family.

Yours sincerely

Patricia Chan (Ms)
Principal

GENERAL INFORMATION

1. August Highlights

Date	Event
25 July – 2 Aug	Health Screening
26 July – 1 Aug	GCE 'N' Level MTL Oral Examination
1, 2 and 4 Aug	Sec 1 Historical Investigation Sec 2 Geographical Investigation
8 Aug	*National Day Celebrations-cum-Sports Day. Students will be dismissed at 1115 am

10 Aug	National Day School Holiday
11 – 17 Aug	*Sec 1-3 Common Test Week. CCA will be suspended on 12 Aug
11-12 Aug	GCE 'O' Level CL/ML (SP) Oral Examination
17 Aug	*Start of Sec 4E/5N Preliminary Examination – Science Practical
18 – 31 Aug	Sec 4E/5N Preliminary Examination
15 – 29 Aug	GCE 'O' Level EL Oral Examination
22 Aug	Issuance of Sec 4NA / NT Preliminary Examination Results
1 Sept	Issuance of Progress Report (Sec 1-3) **Issuance of EOY Examination (Sec 1-3) timetable **Teachers' Day Celebrations.
4 Sept	CCA Stand-down Teachers' Day Holiday

* A school circular had been issued with the relevant details respectively.

**A school circular will be issued in due course.

2. Character Awards – Invitation for Nominations

Nominations for the Character Awards (School Values, SHINE and MOE Edusave Character) are open from 29 July to 12 August.

We would like to invite the public, parents, coaches, instructors, KC staff and students to participate in this nomination. Nomination forms may be obtained from our General Office or downloaded from the school website. Please submit completed nomination forms to our General Office.

The nominee should be a KC student who demonstrates one or more of the following qualities:

- IJ Values. She demonstrates clearly aspects of IJ Values: Promotion of Truth, Justice, Freedom and Love; and/or
- School Values. She demonstrates clearly aspects of School Values: Integrity, Nobility, Teamwork, Excellence, Graciousness, Respect, Independence, Tolerance and Yeomanship; and/or
- A high level of Civic Responsibility. She is concerned about issues in the community or issues faced by others, initiating action to address these issues to improve the lives of others, and being committed to make a positive difference; and/or
- Qualities associated with Resilience. She has persevered despite facing difficult circumstances (e.g. financial problems, family issues, health issues etc.), and managed to overcome the odds and still do commendably well in academic and non-academic domains; and/or
- Breakthrough in Behaviour. She has made significant positive behavioural change and has managed to sustain the good behaviour.

The nominee should also be a consistent good role model in her conduct (exemplary behaviour and actions) and attitude.

The pinnacle of the Character Awards is the MOE Edusave Character Award. In March 2012, the Ministry of Education announced the new Edusave Character Award (ECHA) to recognise students for demonstrating exemplary character and outstanding personal qualities through their conduct. It aims to re-balance the basket of Edusave Awards, to provide greater recognition of students with good values and character, and to signal emphasis on holistic education. The ECHA is intended to send a strong message that character and values are no less important than academic achievements and recognise outstanding students in every school who can inspire others to be role models of exemplary conduct.

Please refer to page 31 of our Student Journal for other details about the various school-based awards.

ACHIEVEMENTS

1. National On-the-Spot Chinese Story Writing Competition

On 4 March, two students, Cheryl Chua Xin Miao of Sec 1/5 and Liu Shu Tong of Sec 2/3 represented KC in the 12th National On-the-Spot Chinese Story Writing Competition for Primary and Lower Secondary students. This competition was jointly organised by Anglican High School, Lian He Wan Bao of Singapore Press Holdings Limited and Lingzi Media Pte Ltd to showcase students' creative writing skills in the Chinese Language.

We are pleased to share that Liu Shu Tong has won the Achievement award (“佳作奖”). The winning entry will be published in our annual Chinese publication 《淡墨清香》, do look out for it. Once again, we applaud both girls for their participation and our heartiest congratulations to Shu Tong! Keep up the good effort!

2. Entrepreneur Club at the National Youth Business Challenge (NYBC) 2016

The Entrepreneur Club participated in the NYBC for the eighth consecutive year and have done the school proud again by winning the Gold Award, the 2nd Most Earth Friendly Enterprise Award and \$200 shopping vouchers at the National Youth Business Challenge 2016 held on 16 July at Changi City Point Mall.

In this competition, students (aged 15 years old and above) had the challenge of selling earth friendly products at Changi City Point Mall from 10am till 8pm. A total of 20 secondary schools qualified for the finals. Each school team was judged on their creativity, earth-friendly products, sales presentation, sales figures and teamwork.

The KC team called our stall *The Arctic* and our products were penguin - shape money boxes made from recycled plastic drink bottles collected from the school canteen. The girls wanted to bring home the message of global warming and how penguins are affected in the process. They also wanted to promote family units by making sets of a family of penguins which were sold at a discounted price. The products were so well received that they were completely sold out by 5pm, a feat which no other stall could match. The winning team comprised Hilme Fathimay of Sec 3/2, Norferkrisna Sheranee of Sec 3/3, Insiya Shabbir of Sec 3/3, Samantha Bong of Sec 3/3 and Janna Seah of Sec 3/4.

We would also like to acknowledge the hard work put in by the production team who created the penguin -shape money boxes. They were Adia Pek of Sec 1/4, Desiree Ayako Decker of Sec 1/6 and Gracee Ng Yun Lin of Sec 2/6. The artists who drew the beautiful posters and made the backdrop were Renee Ong Xiang Jie of Sec 1/3, Eva Loy Ning Shuen of Sec 2/6 and Charmaine Koh of Sec 2/6.

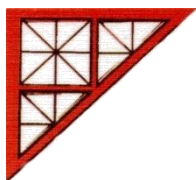
Well done, Entrepreneur Club girls!

3. Swimming

At the recent Singapore Sports Awards 2016 ceremony in June, Christie Chue of Sec 4/1 was awarded the prestigious Meritorious Award (Team) by the Singapore National Olympic Committee and Sport Singapore, for her team's outstanding performance in the SEA Games 2015 4 X 200m freestyle relay event. Congratulations, Christie!

4. Taekwondo

Ashley Ho of Sec 3/2 participated in the Singapore Youth Olympic Festival on 26 June in the Taekwondo Poomsae event, and emerged 4th placing amongst 19 other competitors. Well done, Ashley!



OUR GIRLS. OUR FUTURE

CHIJKATONG CONVENT PARENT- TEACHER SUPPORT GROUP

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4th PTSG Meeting on 9 July 2016

The Principal, Ms Chan gave an update on the major school events scheduled Term 3 and the progress of the school upgrading at the Marine Terrace campus. In the area of education and career guidance (ECG), she hoped to enlist the help of more parents to offer work attachment/exposure opportunities to the Sec 3 students during the period of 14-18 November 2016.

The PTSG Chairperson, Ms Tricia Boey reported that the parent-bonding activity in the form of an Ice Cream Making Workshop held on 28/5/16 was well-attended and well-received. She called upon Ms May Soo to share about her ongoing VIA programme called "Keeping Hope Alive". Ms May invited interested parents and their daughters to join her in this programme.

Next PTSG Meeting

The next PTSG Meeting

Date : Saturday 20 August 2016

Time : 10 – 11 am

Venue : AVA Theatre (Level 3, above the Hall)

Light refreshment will be served from 0930 onwards.

There will be a talk organised by Family Matters @School at 1100-1300.

We look forward to seeing you there!

CONTACT DETAILS

Please note our contact details below. We welcome your suggestions and feedback.

PTSG Parents

Tricia Boey and Christine
ptsg.kc@gmail.com

PTSG Teachers

[Mdm Zakiah \(Sec 3 PTSG i/c\)](mailto:Mdm.Zakiah@chijkatongconvent.moe.edu.sg)
zakiah_subahan@moe.edu.sg

Sec 1 PTSG Level Reps :

Alicia Lee and Fiona Kwa

Mrs Karen Jalleh (Sec 4/5 PTSG i/c)

karen_jalleh@moe.edu.sg

Sec 2 PTSG Level Reps :

Junne Yeo and Chrislyn Liau

Mdm Raudah (Sec 1 and Sec 2 PTSG i/c)

raudah_hussain@moe.edu.sg

Sec 3 PTSG Level Reps :

Yap Chin Mee and Teresa Mak

Sec 4 and 5 PTSG Level Reps :

Lorraine Khoo and Christine

Family Matters @School

Parents who attended the talk "Discovering and engaging with your teens world" on 9/7/16 found the conceptual framework for communication and the hot tips to better communicate with their teens useful and immediately practicable.



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FAMILYmatters!

Parent As Coach: the Solutions Focused Way (Building Resilient Children/Teens)

Synopsis:

This inspiring workshop introduces the concept of Parent as Coach; the solutions focused way, and equip parents with skill sets for building confident and resilient children / teens.

This solution focused approach in parenting is based on the notion that children have an innate desire and wish to learn, develop skills and be successful. Parents can make a difference in a child's life and have a positive influence on his or her future.

We need to create an environment, atmosphere, and positive relationships between the parent and the child that are conducive to accomplishing their goals. This special relationship between children and their parents is crucial to learning and contributes to a child's motivation.

The most important element is the parent's view of a child. When a parent believes the child has an innate desire to learn, he/she is likely to talk to a child differently.



About the Trainer:
Edwin Choy (MSc) is the founding director of Centre for Fathering. Trained as a Solution Focused Therapist (SFT), Edwin has delivered impactful parenting and work-life programmes to thousands and has been on radio numerous times.
Email : edwin@resourcefull.sg [facebook](https://www.facebook.com/resourcefull) : www.facebook.com/resourcefull

Parent as Coach

1. Research on Strong Families by Dr Nick Stinnet
 - Understanding the kind and quality of families that raises well-adjusted teenagers.
2. Problem Focus & Solution Focused Parenting Approaches
 - Parents are often frustrated when they use the same unhelpful approach to parenting their children. This seminar helps parents look for solutions in the problem rather than focus on problems.
3. Three Basic Assumptions on Solution Focused Parenting
 - Basic tenets of SF coaching that made it effective in the context of therapy and coaching
4. Celebrating What Our Children Have Done Well
 - The power of Compliments
 - Noticing success and progress



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3 Geylang Bahru Lane, Singapore 339626
Tel : 6448 6433 Fax : 6449 4405
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ABOUT THE TRAINER – EDWIN CHOY

Edwin is a certified Solution Focused Therapist. He is also an approved Solution Focused Brief Therapy supervisor with the Canadian Council of Professional Certification (CCPC).

In 1999, Edwin gathered two other friends and co-founded Centre for Fathering to inspire dads to be more involved with their children. Centre for Fathering won the Outstanding New Initiative Award given by National Volunteer Centre.

Edwin has developed and conducted numerous solution focused coaching/counselling workshops for teachers, parents and civil servants. He has conducted numerous Parent As Coach training for schools which he has created and has received excellent reviews on it. He has also conducted a number of coaching training for teachers, including team coaching and workshops on how to motivate students. Edwin also supervises SF trainee therapists including some from MOE.

Edwin has delivered 2 workshops for Excel Fest organised by MOE and the latest is this year on the topic of Coaching Confident and Resilient Teens.

Some of his clients included NIE, SIM, SMU, SUTD, Temasek Poly, Ngee Ann Poly, RGS, RI, SCGS, Fairfield Methodist Sec and Taylor's Education Group (KL) and numerous other secondary and primary schools in Singapore.

Venue: CHIJ Katong Convent, Dance Studio

Date: 6th Aug 2016, Sat Time: 9am - 12pm Fees: Free!

(Light refreshments will be served)

If you are interested in registering, please email glenn.familymatters@gmail.com. Please include your name, contact number, child's name and class. Thank you.



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Emotional Intelligence

Synopsis:

As teens make friends and interact with teachers in school, they are learning an important skill. They intuitively “catch” the nuances and subtleties of human expression that are essential for community living. In time to come, these skills will be used as they interact with their working colleagues. Research shows that once they are in the corporate world, their Emotional Intelligence (EQ) in working together and leading teams becomes increasingly important. Hence, to be successful in life, teens have to be aware of social skills as much as gaining academic knowledge.

This talk will touch on -

1. The importance of Emotional Intelligence
2. Teens’ milestones in their emotional growth
3. Essential character qualities for success
4. How parents can be the change-agents in their teens’ lives



Venue: CHIJ Katong Convent, AVA Room Level 3

Date: 20th Aug 2016, Sat Time: 11am - 1pm Fees: Free!

(Light refreshments will be served)

Speaker’s Profile – Dr Agnes Tan

Agnes was trained as a medical doctor in London, England and has worked there as well as at National University Hospital, Singapore. She gave up her medical practice to pursue mission work for over a decade.

Agnes currently works as a Trainer, Counsellor and Family Life Educator. She holds a Master of Social Science in Professional Counselling and a Graduate Certificate in Parent Education Leadership Training, both from Swinburne University, Australia. She is also a certified trainer for “Good Enough Parenting” and “I Choose Us” marriage programmes.

Agnes has 20 years of experience and is a sought after speaker in schools and organisations. She is well-liked for her engaging down to earth style, extensive knowledge and ability to connect with participants. She has been interviewed on radio and the print media in her capacity as a Family Life Educator, a role she is passionate about. Agnes was an invited speaker at the MOE Parent Seminar held in Nov 2013.

Agnes is happily married to Steven for the last 21 years. They have 2 wonderful children. They work closely as a couple, and are passionate about building strong and resilient families. They are both Founders and Directors of FamilyWise and have impacted many lives through the years.

*If you are interested in registering, please email glenn.familymatters@gmail.com. Please include your name, contact number, child’s name and class. **For logistic purposes, kindly register by 12th Aug 2016.** Please note that in the event that this workshop is under-subscribed it may be postponed. Thank you.*